



## Clothing and Equipment List

### Prohibited Items:

*Parents/ teachers are responsible for ensuring that prohibited items are not brought to Teton Science Schools.*

1. Weapons of any kind. This includes guns, knives (including pocketknives), mace, etc.
2. Non-prescription medications. Such medication will be dispensed by TSS staff as necessary. In addition, no prescription medication should be brought or used unless noted on the participant medical form.
3. Alcohol, drugs or tobacco products.
4. Any electronics, including: radios, mp3 players, electronic games, curling irons, lap tops or hairdryers.
5. Food, drinks, gum, or candy. Any food in lodges attracts unwanted small animals.
6. Cell phones will be collected from students upon arrival. Only AT&T phone get full reception on campus. Verizon phones get limited reception in a few outdoor locations on campus.

### Clothing Materials & Logistics:

It is essential to have adequate clothing for outdoor studies. Temperatures in Jackson are extremely variable. Freezing temperatures and frost can occur any month of the year. The "layer system" of wearing multiple layers of clothing is essential since it traps more warm air and allows for versatility in adjusting to changing weather conditions. Whenever possible, please avoid cotton clothing for outdoor wear - it gets wet and stays wet. **A waterproof outer layer is essential during all time of the year.**

### Required Clothing and Equipment for all Seasons

Category	Item	Essential	Additional Seasonal Requirements	
			Winter	Summer
Footwear	Indoor shoes	1 pair comfortable indoor shoes/slippers		
	Hiking shoes	1 pair sturdy, comfortable, quality hiking shoes that are well broken-in.	Snow boots	1 pair of water shoes
	Socks	1 pair of socks per day. Wool or synthetic socks are ideal.	2 pair wool socks per day	
Upper Clothing Layers	Warm outer layer	1 warm winter coat (wool, down, or fiberfill) or parka shell plus additional wool sweaters.		Fleece jacket
	Waterproof layer	Each student should have a waterproof rain jacket with a hood. The raincoat should fit over all other layers. Fabrics such as Gore-Tex or coated nylon are fine. Please avoid plastic. Rain pants and jacket are more effective against wind and rain than a poncho.		
	Sweaters	1 warm sweater	2 warm sweaters	
	Long sleeve	2 long sleeve shirts or turtlenecks		1 long sleeve shirt or turtleneck
	T-shirts	1 t-shirt per day		

Category	Item	Essential	Additional Seasonal Requirements	
			Winter	Summer
Upper Clothing Layers	Hat	Warm winter hat that covers ears and a baseball cap		
	Gloves	1 thick waterproof pair wool or fiberfill	Extra pair recommended	
Bottom Clothing Layer	Long underwear	1 pair long underwear (wool or synthetic; not cotton)	Two pairs of long underwear	No long underwear
	Snow pants	1 pair snow pants		No snow pants
	Rain pants	The rain pants should fit over your long underwear and heavy pants. Fabrics such as Gore-Tex or coated nylon are fine. Please avoid plastic. Rain pants and jacket are more effective against wind and rain than a poncho.		
	Hiking pants	2 pairs of durable pants		1 pair of pants and 1 pair of shorts
	Evening pants	1 pair of comfortable pants for evenings		
	Underwear	Several changes of underwear		
Linens	Sleeping bag	Warm sleeping bag		
	Bedding	Pillowcase and flat sheet for under sleeping bag		
	Towel	Towel and washcloth		
Other Necessary Items	Toiletries	toothbrush, shampoo, comb, soap, tissues, etc.		
	Pencils	3 pencils		
	Sun protection	Sunscreen, chapstick, sunglasses or goggles		
	Bag	Duffel bag or suitcase for gear storage		
	Water bottle	Reusable 1 liter bottle		
	Water bottle	Reusable 1 liter bottle		

## Teton Science Schools Will Supply

Category	Item
Winter recreation gear	Snowshoes, cross-country skis, boots, poles
Ice and slush protection	Gaiters, yak trax
Backpack	Day pack with waist belt
Notebook	Field journal